



*"Working Together for Recovery"*

February 2–4, 2012

Sheraton Hotel  
Petaluma, CA  
Sonoma County

EDRS, Inc.

# 6<sup>th</sup> Annual Eating Disorder Awareness Week Fundraising Conference and Community Outreach

*Bringing together  
the **community**:*

*An educational  
conference for  
**professionals**,*

*people in  
**recovery**,*

*and their **family**  
and **friends**.*



## Eating Disorder Recovery Support, Inc.

Haleh Kashani, Ph.D.

EDRS President

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(415) 898-9839



[www.edrs.net](http://www.edrs.net)

# Eating Disorder Recovery Support, Inc.

Eating Disorder Recovery Support, Inc. is a Marin and Sonoma County based 501(c)(3) non-profit organization that is dedicated to promoting community awareness of eating disorders, professional education and collaboration, and providing treatment scholarships to California residents that need financial assistance for treatment. Each year we hold a fundraising conference for Eating Disorder Awareness Week to help accomplish all of these goals.

- ❖ This conference will provide you with state of the art information on the treatment of eating disorders. Your conference fees will go directly to the Treatment Scholarship Fund.
- ❖ Last year EDRS provided scholarships to 16 individuals. Join us in accomplishing our goal of doubling the number of scholarships for 2012.
- ❖ The EDRS Scholarship Fund is available to all California residents and is based on financial and treatment needs.

**100%**

*of the conference registration fees will go directly to the Treatment Fund.*

## Sponsors

A special thanks to our sponsors, whose contributions make this conference a reality, allowing us to dedicate 100% of proceeds from the conference registrations to the Scholarship fund. *For sponsorship opportunities, please visit [www.edrs.net](http://www.edrs.net)*

### Diamond Sponsor

*Petaluma*  
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### Platinum Sponsors

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- ❖ Eating Recovery Center

### Bronze Sponsors

Pamela Carlton, MD  
Marin Eating Disorder Recovery Services (MEDRS)

# Registration Form

## Thursday, February 2<sup>nd</sup>

(9:00 – 10:15) **Keynote:** Walter Kaye, MD: "Using Neurobiology to Improve Treatments in Eating Disorders"

**Morning Break outs (10:30 – 12:15) — Choose one**

- \_\_\_ Workshop 1: Understanding the Adolescent Brain in Treatment: Ovidio Bermudez, MD  
\_\_\_ Workshop 2: Malnutrition in Anorexia—Effects on Metabolism: Leslie Malloy, Ph.D., RDH

**Afternoon Break outs (1:15 – 3:00) — Choose one**

- \_\_\_ Workshop 3: Rethinking FBT for Older Adolescents and Young Adults: James Lock, MD  
\_\_\_ Workshop 4: Benefits of Meal Groups: Lynne Martin, RD, Sabine Haake, RD

**Panel (3:15-5:00): Working Together for Recovery: Integrating Family in Treatment**

- \_\_\_ (5:15-7:30) **Poster Session and Book Signing with Presenters**

## Friday, February 3<sup>rd</sup>

(9:00 – 10:15) **Keynote:** Kim Chernin, Ph.D.: "Is Fat a Feminist Issue?"

**Morning Break outs (10:30 – 12:15) — Choose one**

- \_\_\_ Workshop 5: Medical Aspects: Ed Tyson, MD, and Pamela Carlton, MD  
\_\_\_ Workshop 6: The Body Positive Intuitive Health Model: Elizabeth Scott, LCSW

\_\_\_ (12:15-1:15) **Professional Networking Luncheon:** limited space available, with pre-registration only

**Afternoon Break outs (1:15 – 3:00) — Choose one**

- \_\_\_ Workshop 7: Interface between Adolescent Medicine and Family-Based Therapy for Eating Disorders: Kara Fitzpatrick, Ph.D. and Cynthia Kappahn, Ph.D.

- \_\_\_ Workshop 8: Identity Hijack: Returning Clients from the Holds of ED to True Self: Barbara Birsinger, ThD., MPH, RD; Elena DuCharme, Esq, CCPC, CMP-NLP

**Panel (3:15-5:00): Perspectives on Body Image Disturbances and Treatment**

- \_\_\_ (5:15-7:30) **Ask the Experts Roundtable Discussion with Presenters**

## Saturday, February 4<sup>th</sup>

(9:00 – 10:15) **Keynote:** Anita Johnston, Ph.D.: The Joy of Recovery: Finding Hope and Meaning through Metaphor and Story Telling

**Morning Session (10:30 – 12:15):** 8 Keys to Recovery from an Eating Disorder: Carolyn Costin, MFT

**Afternoon Break outs (1:15 – 3:00) — Choose one**

- \_\_\_ Workshop 9: Finding Recovery: Looking for Love in All the Wrong Places: Anita Johnston, Ph.D., and Michelle Minero, MFT  
\_\_\_ Workshop 10: Beyond Hunger Peer Educators: Preventing ED in schools  
\_\_\_ Workshop 11: Where do I go for HELP—Levels of Care: Jackie Holmes, M.Ed., MFT

**Late Afternoon Break outs (3:15 – 5:00) — Choose one**

- \_\_\_ Workshop 12: The Time is NOW: Legal Issues in Treatment: Lisa Kantor, Esq.  
\_\_\_ Workshop 13: Be Body Positive: Youth Activism – Body Positive leadership high school and college student presenters  
\_\_\_ Workshop 14: Role of Trauma in Recovery: Deborah Brenner-Liss, Ph.D.

- \_\_\_ (5:30- 8:00) **America The Beautiful Fundraising Movie & panel with Director Darryl Roberts and Reception**

**CONFERENCE FEES** (All fees are tax deductible and 100% go to benefit the EDRS scholarship fund)

❖ **Early Bird Registration:** (Before December 30<sup>th</sup>)

- \_\_\_ One Day \$150    \_\_\_ Two Days \$250    \_\_\_ Three Days \$375

❖ **Regular Registration:** (Group Rate: 10% off for groups of 4 or more)

- \_\_\_ One Day \$175    \_\_\_ Two Days \$300    \_\_\_ Three Days \$425

\_\_\_ **Scholarship: Students/Interns/Other:** \$75/day **Indicate reason for requesting a scholarship:** \_\_\_\_\_

❖ **Box Lunches for pre-purchase:** \_\_\_ Thursday    \_\_\_ Friday    \_\_\_ Saturday

- \_\_\_ \$14: Vegetarian Wrap    \_\_\_ \$15: Turkey    \_\_\_ \$16 Ham melt

❖ **America The Beautiful Fundraising Movie & panel with Director Darryl Roberts:** \_\_\_\_\_ \$20 or additional donation

Limited volunteer positions available in lieu of conference fee. Contact Joan Thompson by January 15, 2012: (707) 778-7849

*Please mark your choices for breakout sessions & after conference events for each day you are attending. Keynotes and panels are open to all attendees.*

*Sincere thanks to our conference presenters and organizers who have generously donated their time to make this fundraising conference a success!*

## Method of Payment

Number of Participants: \_\_\_\_\_ Total Amount of Registration: \$ \_\_\_\_\_

Additional Donation to the Treatment Fund: \$ \_\_\_\_\_

\_\_\_\_\_ Cash at the door \_\_\_\_\_ Check: (Pay to EDRS) Check #: \_\_\_\_\_ PayPal at edrs.net

\_\_\_\_\_ CREDIT/DEBIT: MasterCard Visa Discover Amount \$ \_\_\_\_\_

Print Cardholder's Name (as on card): \_\_\_\_\_

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Telephone number(s): \_\_\_\_\_

Email Address (print clearly): \_\_\_\_\_

*Please mail the completed  
registration form and  
your payment to:*

Casa Serena Eating Disorders Program, Attn. Jackie Holmes  
1868 Clayton road Suite 123, Concord, CA 94520  
Ph: (925) 682-8252 Fax: (925) 682-8313

## Education

6.5 CE hours offered each day for:  
MFT, LCSW, PhD, RD and RN

CEs for psychologists are provided by The Spiritual Competency Resource Center which is co-sponsoring this program and is approved by the American Psychological Association to sponsor



continuing education for psychologists. SCRC maintains responsibility for the program and its content. SCRC is a California Board of Registered Nursing Provider (BRN) and a Board of Behavioral Sciences Provider (BBS).

For questions about CE contact,  
visit [www.spiritualcompetency.com](http://www.spiritualcompetency.com)  
or contact David Lukoff, PhD at  
[david.lukoff@gmail.com](mailto:david.lukoff@gmail.com) or call (707) 763-3576

## Hotel Travel Information

*A special rate of \$109 per night is being offered to  
EDRS Conference attendees. Please mention EDRS  
Conference when booking your reservation.*

### Conference Location

Sheraton Sonoma County - Petaluma  
745 Baywood Drive Petaluma, CA 94954  
Hotel Direct: (707) 283-2888

### Direct booking link:

[http://www.starwoodmeeting.com/StarGroupsWeb/  
res?id=1110199877&key=8F852](http://www.starwoodmeeting.com/StarGroupsWeb/res?id=1110199877&key=8F852)

